



THE INSTITUTE FOR
FUNCTIONAL
MEDICINE®

CHANGING THE WAY WE DO MEDICINE,
AND THE MEDICINE WE DO

Applying Functional Medicine in Clinical Practice®

Presented by The Institute for Functional Medicine

London, UK

April 30 - May 4, 2012

Hilton London Metropole
London, UK

www.afmcp-uk.org

AFMCP™ - UK
LONDON 2012

Lead Sponsor

Nutri∞Link Ltd

Linking Science & Nutrition

AFMCP-UK Organiser

Clinical
Education 

Monday, April 30th 2012

MORNING SESSION

TIME	TOPIC	SPEAKER
8:00 - 8:15	Welcome and Introductions (Welcome video from Mark Hyman)	<i>Michael Ash BSc(Hons) DO ND F.DipION</i>
8:15 - 8:30	Welcome and Orientation to AFMCP	<i>Daniel Lukaczer ND</i>
8:30 - 9:30	The Functional Medicine Paradigm	<i>Robert Rountree MD</i>
9:30 - 10:00	MORNING BREAK	
10:00 - 11:30	Mapping the Territory: Using the Functional Medicine Matrix	<i>Kristi Hughes ND</i>
11:30 - 13:00	THERAPEUTIC AND DELICIOUS LUNCH (available and provided at hotel)	

AFTERNOON SESSION

TIME	TOPIC	SPEAKER
13:00 - 14:30	Applying the Functional Medicine Matrix to Clinical Problems	<i>Kristi Hughes ND & Daniel Lukaczer ND</i>
14:30 - 15:00	AFTERNOON BREAK	
15:00 - 16:30	The Gastrointestinal Tract and the Central Role of Barrier Integrity	<i>Patrick Hanaway MD</i>
16:30 - 16:45	SHORT BREAK	
16:45 - 18:00	Impaired Intestinal Permeability and other Gut Dysfunctions	<i>Patrick Hanaway MD</i>
18:30 - 20:30	Welcome Drinks Reception	<i>All faculty and delegates</i>

* Speakers and subjects are liable to change.

For up-to-date time tables please visit www.afmcp-uk.org/schedule/monday-30th/

AFMCPTM Speakers



Patrick Hanaway, MD



Daniel Lukaczer, ND



Bethany Hays, MD,
FACOG



Michael Ash BSc (Hons)
DO ND F.DipION



Robert Rountree, MD



Kristi Hughes, ND

Tuesday, May 1st 2012

MORNING SESSION

TIME	TOPIC	SPEAKER
8:00 - 9:30	Immune Dysfunction and Inflammation: A Primary Mechanism of illness	<i>Robert Rountree MD</i>
9:30 - 10:00	MORNING BREAK	
10:00 - 11:30	Food Allergies and Intolerances: Diagnosis and Treatment	<i>Michael Ash BSc(Hons) DO ND F.DiplOM</i>
11:30 - 12:00	Q and A	<i>All presenting faculty on this day</i>
12:00 - 13:30	THERAPEUTIC AND DELICIOUS LUNCH (available and provided at hotel)	

AFTERNOON SESSION

TIME	TOPIC	SPEAKER
13:30 - 14:30	Prescribing an Elimination Diet	<i>Daniel Lukaczer ND</i>
14:30 - 14:45	SHORT BREAK	
14:45 - 16:00	Personalised Medicine: Creating a Healing Partnership	<i>Bethany Hays MD FACOG</i>
16:00 - 16:30	AFTERNOON BREAK	
16:30 - 18:00	Key Aspects of the Nutritional Evaluation	<i>Kristi Hughes ND</i>
19:00 - 20:00	Optional: Practice Management Discussion	<i>Michael Ash BSc(Hons) DO ND F.DiplOM & Antony Haynes BA Hons Dip ION</i>

* Speakers and subjects are liable to change.

For up-to-date time tables please visit www.afmcp-uk.org/schedule/tuesday-1st/

“Thank you everyone for a life changing experience. I loved every second and just can't wait to put my new learnings into practice
Here's to positive success.”

October 2011 AFMCP™-UK graduate

Wednesday, May 2nd 2012

MORNING SESSION

TIME	TOPIC	SPEAKER
7:30 - 8:00	Optional: Introduction to Natural Standards as part of IFM member benefits	<i>Daniel Lukaczer ND</i>
8:00 - 9:30	Genetic and Environmental Determinants: Toxins, Toxicity and Biotransformation	<i>Robert Rountree MD</i>
9:30 - 10:00	MORNING BREAK	
10:00 - 11:15	Assessment of Toxic Overload and Impaired Biotransformation	<i>Robert Rountree MD</i>
11:15 - 12:15	Regulating Biotransformation Using Diet, Lifestyle and Nutraceutical Strategies	<i>Robert Rountree MD</i>
12:15 - 13:45	THERAPEUTIC AND DELICIOUS LUNCH (available and provided at hotel)	

AFTERNOON SESSION

TIME	TOPIC	SPEAKER
13:45 - 14:45	Examining the Therapeutic Encounter and Readiness to Change	<i>Patrick Hanaway MD</i>
14:45 - 15:45	Optional: Introduction to the IFM Forum as part of IFM member benefits	<i>Kristi Hughes ND</i>
15:00 - 15:45	Q and A	<i>All presenting faculty on this day</i>
15:45 - 16:15	AFTERNOON BREAK	
16:15 - 18:00	Applying the Functional Medicine Matrix to Clinical Problems	<i>Kristi Hughes ND</i>
19:30 - 21:00	Optional: Laboratory Discussion	<i>Patrick Hanaway MD, Robert Rountree MD, & Daniel Lukaczer ND</i>

* Speakers and subjects are liable to change.

For up-to-date time tables please visit www.afmcp-uk.org/schedule/wednesday-2nd/

AFMCP™-UK Contact Details

For the purpose of booking your AFMCP-UK course please contact Nutri-Link on:

Calling from the UK: 08450 760 402

Outside UK: 0044 1626 882100

You may also book in using the form on the web site. <http://www.afmcp-uk.org/hotel/>

Please contact Claire Gardin if you have any questions regarding the booking dates and charges. claireg@nutri-linkltd.co.uk

Thursday, May 3rd 2012

AFMCP-UKTM

MORNING SESSION

TIME	TOPIC	SPEAKER
8:00 - 9:30	Hormonal Regulation: Adrenal Fatigue and Thyroid Dysfunction	<i>Daniel Lukaczer MD</i>
9:30 - 10:00	MORNING BREAK (refreshments available)	
10:00 - 12:00	Assessment and Treatment of Adrenal and Thyroid Dysfunction	<i>Patrick Hanaway MD</i>
12:00 - 13:30	THERAPEUTIC AND DELICIOUS LUNCH (available and provided at hotel)	

AFTERNOON SESSION

TIME	TOPIC	SPEAKER
13:30 - 15:30	A Functional Approach to the Diagnosis and Treatment of Cardio-Metabolic Diseases	<i>Kristi Hughes MD</i>
15:30 - 16:00	AFTERNOON BREAK (refreshments available)	
16:00 - 16:30	Q and A	<i>All presenting faculty on this day</i>
16:30 - 18:00	Applying the Functional Medicine Matrix to Clinical Problems	<i>Bethany Hays MD FACOG</i>
19:00 - 23:00	Gala Dinner & Food Awards	<i>All faculty and delegates</i>

* Speakers and subjects are liable to change.

For up-to-date time tables please visit www.afmcp-uk.org/schedule/thursday-3rd/

Topics for the AFMCP-UK include . . .

- ❖ The Functional Medicine Paradigm
- ❖ Food Allergies and Intolerances
- ❖ Creating a Healing Partnership
- ❖ Key Aspects of the Nutritional Evaluation
- ❖ Genetic and Environmental Determinants
- ❖ Hormonal Regulation
- ❖ Examining the Therapeutic Encounter
- ❖ Mitochondrial Therapeutics

Friday, May 4th 2012

MORNING SESSION

TIME	TOPIC	SPEAKER
8:00 - 9:30	Sex Hormones, Signaling and the Menopausal Transition	<i>Bethany Hays MD FACOG</i>
9:30 - 10:00	MORNING BREAK (refreshments available)	
10:00 - 11:30	Practical Work-up and Treatment of Women in Perimenopause/Menopause	<i>Bethany Hays MD FACOG</i>
11:30 - 13:00	THERAPEUTIC AND DELICIOUS LUNCH (available and provided at hotel)	

AFTERNOON SESSION

TIME	TOPIC	SPEAKER
13:00 - 14:15	Managing Women in Perimenopause/Menopause	<i>Bethany Hays MD FACOG</i>
14:15 - 14:45	Q and A	<i>All presenting faculty on this day</i>
14:45 - 15:15	AFTERNOON BREAK (refreshments available)	
15:15 - 17:00	Mitochondrial Assessment and Therapeutics	<i>Patrick Hanaway MD</i>
17:00 - 17:30	Tying the Matrix Together: Applying Functional Medicine in Clinical Practice	<i>Patrick Hanaway MD</i>
17:30 - 17:45	Closing	<i>Michael Ash BSc(Hons) DO ND F.DiplOM</i>

* Speakers and subjects are liable to change.

For up-to-date time tables please visit www.afmcp-uk.org/schedule/friday-4th/

AFMCP-UK Graduate Badge

IFM issue under strict guidelines for use (supplied and agreed prior to issue); a badge that confirms your attendance at the AFMCP 5 day training programme. This emblem of attendance identifies you as a graduate of this intensive training course. Only attendees that meet the strict requirements of the course may utilise this in their literature and on their web pages.





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CHANGING THE WAY WE DO MEDICINE,
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Applying Functional Medicine in Clinical Practice® (AFMCP™-UK) teaches healthcare practitioners to more effectively integrate science, research and clinical insights to treat and prevent disease and maintain health. Established and emerging diagnostics, therapeutics and prevention strategies are extensively covered, including the use of diet, nutraceuticals, exercise, body / mind techniques and the adaptation of lifestyle to an individual's genetic risk and environmental exposures. AFMCP™-UK integrates these approaches through the Functional Medicine Matrix Model (an innovative and practical assessment tool) and the emphasis on a therapeutic partnership between patient and practitioner.

Our commitment to you during the week of AFMCP is to make this journey fun, intense, rich in content and tools, and, most of all, relevant immediately when you return to your clinic.

The speakers have extensive experience in the use of the principles of clinical care enshrined in Functional Medicine and have dedicated their time to exploring and researching the effects of this style of health care to ensure you are given contemporary, evidence based approaches to helping your patients in their journey of health recovery and management. Each of the speakers has a specific area of expertise as well as many years of managing patients in both hospital and/or private clinic settings.



Continuing Professional Development Credits

Non UK based practitioners

If you are planning to attend from the USA/EU or other countries than the UK please discuss with your national registering body if they are prepared to accept a cross transfer of self accredited CPD credits and or the British Association for Applied Nutrition and Nutritional Therapy (BANT). Please note that: AMA PRA Category 1 credit is not available for AFMCP™-UK.

CPD Credits are provided from:

- Self Accreditation from the Academy of Medical Royal Colleges
- The British Association for Applied Nutrition and Nutritional Therapy
- Others, as required, will be considered.

The Royal Colleges of Physicians approve external CPD events for post-training physicians

External events are defined as educational events which are targeted towards physicians from multiple hospitals and trusts. External events may be regional, national or international in character.

Medical Dns: The Royal College of Physicians have recommended that medical Dns attending the AFMCP™-UK training claim the hours attended as **"Self-Accreditation"** They may record a maximum CPD educational activity of 36 credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Academy of Medical Royal Colleges

Medical Dns: Under the CPD guidelines issued by the academy, 1 credit per hour attended may be applied to your annual CPD educational activities requirements. Attendees utilising their respective royal colleges CPD mechanism will record this event under **"Self-Accreditation"** and ensure that as per usual they complete the requirements to describe the relevant activities for their clinical life and their reflective learning assessments are recorded.

DCs, and DOs: For Osteopaths and Chiropractors in the UK and EU the need for external accreditation will be determined by your registering body. Please check with them as to which CPD credit you can use. You will be able to claim 36 hours of CPD.

Position in the UK and Europe

- **Nutritional Therapists:** The British Association for Applied Nutrition and Nutritional Therapy (BANT) is the professional body for Nutritional Therapists. 36 CPD Credits have been approved, additional credits may also be logged by attending the optional sections.
- **Naturopaths:** Please contact your own registering board to ascertain if these recognising authorities are compatible.
- **Nursing Professionals:** Please contact your own registering board to ascertain if these recognising authorities are compatible

Do not recognise these?

If you are seeking approval for CPD credits from your own professional organisation and you are unsure about the status of these awarding bodies in relation to your own CPD/CME requirements, please contact your own professional bodies in the first instance and if required please ask them to contact us for additional information.

Hotel Details

Hilton London Metropole, 225 Edgware Road London W2 1JU

Nutri-Link have agreed a special room rate of £159 plus VAT for a double room (single occupancy) and breakfast, or a double room (double occupancy) and breakfast for £169 plus VAT per night.

Please contact the Metropole Hilton Hotel directly either through the booking link <http://www.afmcp-uk.org/hotel/> or via telephone: **0207 402 4141**. Remember to quote **GNUTB** to be sure you are given our preferential room rates.



Contact Information

Name _____ Post-Nominal Letters _____

Address _____

City / Town _____ County / Province / Region _____

Postal / Zip Code _____ Country _____

Email _____

Booking Details

Tuition - Early Bird Price: Early Bird Practitioner £1440 + VAT (£1728) _____ []

BANT/IFM registered Practitioner £1296 + VAT (£1555) _____ []

Tuition - Full Price: Practitioner £1600 + VAT (£1920) _____ []

BANT/IFM registered Practitioner £1440 + VAT (£1728) _____ []

Payment Over 3 months (2% charge - payable on your last installment) _____ []

All at once (no charge) _____ []

Please tick to say you understand the following:

* I understand the level at which the course will be taught
and the learning objectives for the course _____ []

* I understand that the syllabus will be available to me in
an electronic format _____ []

* For more information see FAQ on
www.afmcp-uk.org/faqs/

Hotel Information

Hilton London Metropole

225 Edgware Road, London, W2 1JU

Telephone: **0207 402 4141** (quote reference **GNUTB**)

Register by March 2012 to receive Nutri-Link's special group rate of

£159 +VAT per night for single occupancy

£169 + VAT per night for double occupancy

Inclusive of Breakfast

Rooms are subject to availability so book your room early.



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